

coping with **Hot Head**

I. YOU Must Try

If it be possible, as much as lieth in you, live peaceably with all men.

Dearly beloved, avenge not yourselves, but *rather* give place unto wrath: for it is written, Vengeance *is* mine; I will repay, saith the Lord. **Romans 12:18-19**

II. Watch YOUR Language

A soft answer turneth away wrath: but grievous words stir up anger. **Proverbs 15:1**

Let your speech *be* always with grace, seasoned with salt, that ye may know how ye ought to answer every man. **Colossians 4:6**

III. Watch YOUR Attitude

Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.

Bear ye one another's burdens, and so fulfil the law of Christ. **Galatians 6:1-2**

IV. Watch YOUR Actions

But I say unto you, **Love** your enemies, bless them that curse you, do good to them that hate you, and **pray** for them which despitefully use you, and persecute you; **Matthew 5:44**

Therefore if thine enemy hunger, feed him; if he thirst, give him drink: for in so doing **thou shalt heap coals of fire on his head.**

Be not overcome of evil, but overcome evil with good. **Romans 12:20-21**



**WHEN OLD
HOT HEAD
IS YOU**



I. Is Your Anger Justified?

Be ye angry, and sin not: let not the sun go down upon your wrath: Neither give place to the devil. **Ephesians 4:26-27**

Here we are told to “be angry” and at the same time “sin not.” **There are times when we have the right to be angry.** If a vandal damages my car I have the right to be angry. BUT I do not have the right to throw a rock through his window. We are not to “give place to the devil,” or give in to him.

II. Learn To Control Yourself

He that *hath* no rule over his own spirit *is like* a city that is broken down, and without walls.

Proverbs 25:28

III. Learn To Slow Down

He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city.

Proverbs 16:32

He that is slow to wrath is of great understanding: but *he that is* hasty of spirit exalteth folly.

Proverbs 14:29

Be not hasty in thy spirit to be angry: for anger resteth in the bosom of fools. **Ecclesiastes 7:9**

Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath: **James 1:19**

IV. Seek Forgiveness

Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee;

Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.

Matthew 5:23-26

V. Seek The Lord

“You want to overcome an angry temper, how do you go to work? It is very possible you have never tried the right way of going to Jesus with it. How did I get salvation? I came to Jesus just as I was, and I trusted him to save me. I must kill my angry temper in the same way? It is the only way in which I can ever kill it. I must go to the cross with it, and say to Jesus, “Lord, I trust thee to deliver me from it.” This is the only way to give it a death-blow.”

- Charles H. Spurgeon

I am the vine, ye *are* the branches: ... **without me ye can do nothing.** **John 15:5**