

## Seven-Ups Guaranteed to Lift Your Day

**1. Wake Up!!** Decide to have a good day.  
“Today is the day the Lord hath made; let us rejoice and be glad in it.” Psalms 118:24

**2. Dress Up!!** The best way to dress up is to put on a smile. A smile is an inexpensive way to improve your looks.  
“... man looketh on the outward appearance, but the LORD looketh on the heart.” 1 Samuel 16:7b

**3. Shut Up!!** Say nice things and learn to listen. God gave us two ears and one mouth, so He must have meant for us to do twice as much listening as talking.  
“He that keepeth his mouth keepeth his life: but he that openeth wide his lips shall have destruction.” Proverbs 13:3  
“He that goeth about as a talebearer revealeth secrets: therefore meddle not with him that flattereth with his lips.” Proverbs 20:19

**4. Stand Up!!** For what you believe in. Stand for something or you will fall for anything.  
“And let us not be weary in well doing: for in due season we shall reap, if we faint not. As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.” Galatians 6:9-10

**5. Look Up!!** ... To the Lord.  
“I can do all things through Christ which strengtheneth me.” Philippians 4:13

**6. Reach Up!!** ... For something higher.  
“Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.” Proverbs 3:5-6

**7. Lift Up!!** ... Your Prayers.  
“Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.” Philippians 4:6-7

**A POSITIVE THOUGHT** If God had a refrigerator, your picture would be on it. If He had a wallet, your photo would be in it. He sends you flowers every spring, and a sunrise every morning. Whenever you want to talk, He'll listen.

## Stationed Where God Wants Us To Be

I don't know how to say it,  
But somehow it seems to me  
That maybe we are stationed  
Where God wants us to be-

That the little place I'm filling  
Is the reason for my birth,  
And just to do the work I do  
He sent me down to earth.

If God had wanted otherwise,  
I reckon He'd have made  
Me just a little different  
Or a worse or better grade.

And since God knows and understands  
All things of land and sea,  
I fancy that He placed me here,  
Just where He wanted me.

Sometimes I get to thinking,  
As my labours I review,  
That I should like a higher place  
With greater things to do;

But I came to the conclusion,  
When the evening was still,  
That the post to which God sent me,  
He wanted me to fill.

So I plod along and struggle  
In the hope when day is through  
That I'm really necessary  
To things God wants to do.

And there isn't any service  
On earth which I should scorn,  
For it may be just the reason  
God caused me to be born.

“Sword of the Lord”, November 9, 2001